

PRE-MARRIAGE COACHING

Presented by:

Reverend Michael Summers
Diane Summers, MA

Content

Session 1 - Family Relationships

Family Sculpture
Forgiveness and Beyond
Your Feelings
Child Rearing Quadrants
Letter to your children

Session 1 - Finances

Family of Origin
Previous Relationships
Letters of Intention

Session 2 - Love and Affections

Family of Origin
Foreplay and Honeymoon Forever
Love Affirmations
Previous Relationships
Letters of Intention

Session 2 -Growth and Commitment

Independence
Five Qualities
Vows of Love

FIRST SESSION PREP

Before the first meeting, each partner draws his/her own family of origin with felt color tip pens or crayons on plain paper.

Place family members close to or far away depending on their relationships to one another.

Use your own color code system for each person according to the emotions felt growing up.

FIRST SESSION

The couple shares their drawings with the pre-marriage coaches sharing the relationships of each family member and their reason for their color code

Tell us what your parents were like and about their relationship.

How did you get along with your parents and did that change through the years?

How did you get along with your brothers and sisters?

What were the difficult times like?

What were the good times like?

This was the basic training you had concerning relationships because we learn from example.

THIS IS
A
SAMPLE